

INCOMING

The Homemade Dispatch

bringing you up-to-date

A Note From G

WELCOME TO MY WORLD

Lately, I've been making a point to step outside in the morning and let the day reach me before too much else does. There's something remarkably good for us in that early light. Morning sunlight helps set our internal circadian clock, letting the brain know the day has begun. It reduces lingering melatonin, supports alertness and mood, and helps regulate when melatonin rises again in the evening. A little morning sunlight can actually help us sleep better later.

It doesn't require much. Ten to thirty minutes outside is often enough, depending on how bright the morning is. There's no need to stare into the sun. Just being outside with your eyes open naturally gives your body the light it needs to recognize that morning has arrived.

And apparently, I wasn't the only one who found our porch a good place to begin the day. On July 20, I noticed a mourning dove tucked quietly into one of our hanging baskets. Each morning afterward, while taking in the light, I found myself checking on her too. Then, on August 9, I discovered two tiny hatchlings beneath her. Both beautiful. Both healthy.

Of all the places she could have chosen to begin her little family, she chose our porch. I'm grateful she did. Just one more unexpected gift that has made this summer even more memorable. ✨

photo taken 8/9/26 by G. Anthony

A mourning dove nesting in our porch flower basket.

A Page From Nobody's Words



Reprinted from Nobody's Words page 171

The way forward is often already there. Seeing it requires us to quiet what we think we know long enough to notice what has been in front of us all along. Some See It is a reminder that clarity is rarely found—it is recognized. ✨



Building and branding an online home and experience for Homemade Author

HomemadeAuthor.com

IS DOING WHAT HASN'T BEEN DONE POSSIBLE?

That has become the question behind rebuilding HomemadeAuthor.com.

The greatest challenge hasn't been learning how to build a website. It has been forgetting what I think a website is supposed to be. Every good idea I've seen, every layout I've admired, every expectation of what belongs where—I've had to push those things aside and begin again with a blank page.

Because I don't want HomemadeAuthor.com to simply be a website. I want it to be an experience. At the center of Homemade Author is a belief that writing changes more than pages. I want to help people write, publish, and share their work, while also exploring how writing can help us understand ourselves, find our voice, move through difficult chapters, and shape the story we want to live going forward.

The books. The magazine. The podcast. Courses and workshops. Opportunities for writers. Tools for people who may never want to publish but discover something about themselves by putting words on a page. Somehow, this new online home needs to bring all of that together.

Building it has taken longer than expected. I'm also a stay-at-home dad, so much of Homemade Author is built in whatever hours family life gives me. I've learned to use those hours the best I can. And those of you visiting now are here while the walls are still going up.

And while they are, I'd love to hear from you. If there is something you would like to experience at HomemadeAuthor.com—a resource, an opportunity, something you'd like to learn, or an idea I haven't considered—send it through the contact form on my site. I'm listening.

Thank you for visiting, bookmarking, returning, and being here this early in the story. I can see where it's going.

And I cannot wait to open the door. ✨

A State of Healing: THE TIME IS ALMOST HERE



8 of the 57 A State of Healing contributors

With the release of *A State of Healing* only weeks away, something remarkable is already happening. I've been sharing copies at open mics, placing contributor packages into the hands of the people who helped create this book, and hearing from early readers. Again and again, people tell me they are finding themselves somewhere inside these pages. Some have already begun looking for ways to bring the book into mental health organizations, hospitals, veterans centers, and other places where someone may need to be reminded that they are not alone.

That means more to me than I can express here.

A State of Healing brings together 57 Wisconsin voices and follows six movements through healing: Separation, Impact, Fracture, Clarity, Repair, and Integration. The pieces within them speak of loss, trauma, addiction, grief, identity, survival, acceptance, love, and the many ways human beings find their way forward.

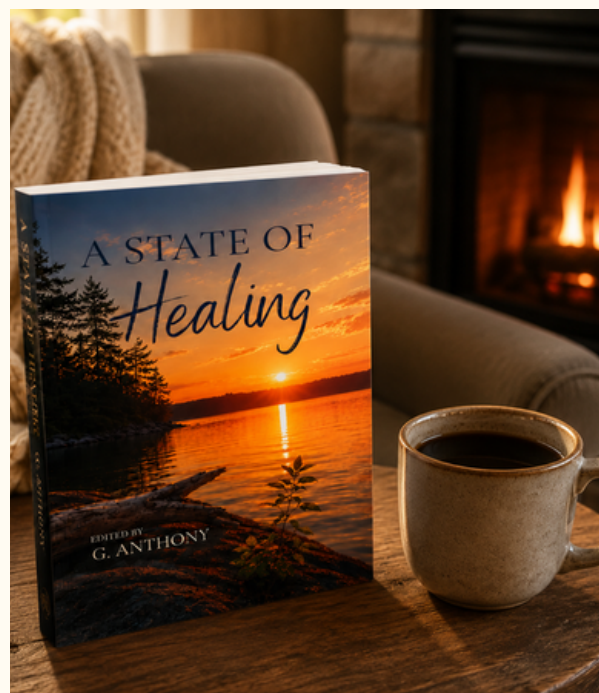
But I wanted this book to offer something beyond the writing itself. Near the end is a resource section filled with current information to help readers find support during difficult times. I also wrote a special section featuring 10 healing places throughout Wisconsin—places readers can actually visit, explore, and perhaps find a little peace of their own.

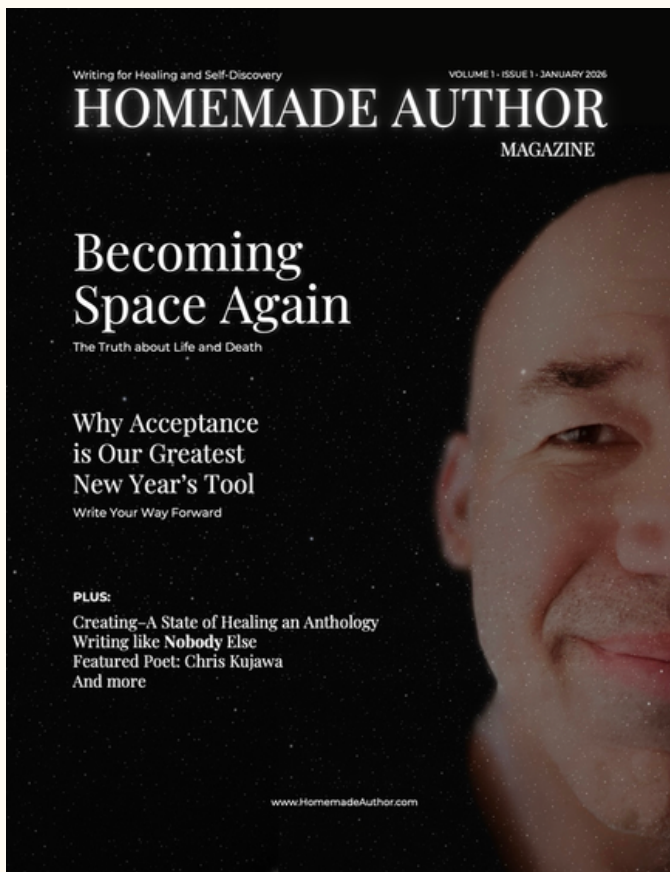
And now, we finally get to celebrate it together.

On Saturday, August 29, from 6–8 p.m., we will gather beneath the historic Dome at the Oshkosh Public Library, 106 Washington Avenue, Oshkosh, Wisconsin. Contributors will share pieces following the arc of the book, copies will be available, and there will be time simply to gather as a community and celebrate what 57 people were willing to create together.

I am forever grateful for the truth, love, hurt, and healing these contributors entrusted to these pages. Soon, the book belongs to its readers. And I cannot wait to see where they carry it.

We heal stronger together. ✨





Homemade Author Magazine:

PREPARING FOR THE SECOND COMING OF...

The second issue of Homemade Author Magazine is taking shape, with a planned release of September 21, 2026.

This magazine is a true passion of mine because it gives people a place to do exactly what Homemade Author encourages: create something, find your voice, and have the courage to share it. Each issue brings together writing, art, ideas, and people who have something meaningful to contribute.

Issue Two will explore DUALITY—the opposing and often connected forces that exist within ourselves and the world around us.

For our open submissions, however, I'm asking contributors to explore one particular expression of duality: TENSION.

Tension between people. Between what we want and what we fear. Who we are and who we're becoming. Holding on and letting go. Love and loss. Certainty and doubt. Or something entirely different that the word awakens in you.

Submissions are open through August 31 for poetry, short prose, photography, and visual art. There is no single interpretation I'm looking for. I want to see what you see when given one word: Tension.

If you've never submitted your work before, I hope you'll consider this your invitation.

Submit through the contact form at HomemadeAuthor.com or email your work to homemadeauthorllc@gmail.com. ✨



Our logo has evolved

Thank You for Being Part of This

Thank you for being part of the Homemade Author community.

Your support, patience, encouragement, conversations, and presence at events have helped this mission keep growing. Whether you have read the books, contributed your writing, attended an event, followed along quietly, shared a kind word, or simply stayed connected, I am grateful.

More news will also be coming soon about the new website, Homemade Healing, The Life Rewrite, the new Homemade Author Podcast with Thomas Cannon, Oshkosh Poet Laureate, magazine submissions, contests, and upcoming opportunities to be part of this growing writing community.

This is still a new chapter for Homemade Author, and I am grateful to have you with me as it all unfolds.

With love and gratitude,

The Homemade Author



Work Life



Community readings honoring healing words.

Living Life



Rewriting the story I always dreamed of.